

ARGENTINA

DELUXE PATAGONIA

An exclusive adventure through the wonders of Patagonia







DURATION: 10 days / 11 nights SEASON: October through March

DEPARTURES: Guaranteed with a minimum of 4 participants

TRIP RATING: Moderate Walking Adventure, Grade (II) - This luxury adventure is an active trip, featuring

a variety of hikes, based from charming and upscale hotels, lodges or estancias. Hiking days cover distances from a few miles up to 9.5 miles at elevations below 4,000 ft on established trails in both Fitz Roy and El Calafate areas. Also included are boat/catamaran

rides and long but scenic overland drives on mostly paved roads.

2024/25 DATES: On request any week throughout the season for a minimum of 4 travelers.

INTRODUCTION:

Southern Argentina and Chile share an immense, sparsely populated, and mostly level expanse divided by the Andes Mountains, commonly known as Patagonia. Here, some of the most dramatic granite spires on earth are constantly being transformed by the movement of immense glaciers. These peaks tower over the surrounding plains, creating the most impressive mountain vistas in South America. To the west of the Continental Divide, the mountains are surrounded by dense forests and lush meadows, dotted with wildflowers. To the east of the Andes are the typical, windswept plains of Patagonia. In the magnificent wilderness areas of Los Glaciares National Parks (regions whose spectacular beauty rivals that of Yellowstone and Yosemite), nature rules supreme with wildlife such as the guanaco, ñandú, condor, fox and dozens of bird species.

This exciting itinerary is designed for walkers and nature enthusiasts who would like to experience the Argentine side of the Patagonian Andes in style and comfort, with active days and relaxing nights at chic lodges and hotels. We start with a stimulating tour of the Argentine capital, but the majority of our trip focuses on the wilderness areas. Our adventure begins by exploring Glaciers National Park, from El Calafate overland to El Chaltén, for two days of hiking at the foot of iconic Mount Fitz Roy and Cerro Torre. Returning to El Calafate, we travel by a scenic boat to the exclusive Estancia Cristina for an overnight and explorations in this historic ranch and pristine wilderness. Next, stay at the comfortable Eolo lodge and visit the spectacular and memorable Perito Moreno Glacier.

DAY-BY-DAY ITINERARY:

DAY 01: TO ARGENTINA

Depart home on an overnight flight to Argentina's cosmopolitan capital, Buenos Aires.

DAY 02: BUENOS AIRES

A Southwind representative greets you this morning on arrival at the Ezeiza International Airport and brings you to the elegant <u>Palacio Duhau Hotel</u> (Deluxe View rooms facing the park). Centrally located in the upscale Recoleta neighborhood, the Palacio Duhau is near shopping centers, art galleries, museums, and is situated just few blocks from the city's landmark, the Obelisk.

After lunch on your own, join your **Buenos Aires** host and guide for an insider's tour of this vibrant, European-style city. We'll visit Plaza de Mayo (where the city was founded), Metropolitan Cathedral and the traditional neighborhoods of San Telmo and Montserrat. Stop at the Parque de las Rosas and walk around the *Floralis Generica* flower sculpture, an innovative modern art work. We drive along *9 de Julio* (the world's widest avenue at 22 lanes wide) to see the Obelisk, the splendid **Colón Theater** from outside (among the 5 best acoustic venues in world), National Congress, Casa Rosada (the president's headquarters – like the US White House except pink!), and other historical buildings in the city. This evening, enjoy an Argentine welcome dinner and sultry tango show at one of the best venues in the city, **Gala Tango**. (D)

DAY 03: BUENOS AIRES / EL CALAFATE / EL CHALTEN

After breakfast we transfer to the airport for a local flight from **Buenos Aires** (**AEP or EZE**) to **EI Calafate** (**FTE**) (3 hr 15 min). On arrival in Patagonia (610 ft), meet your Patagonian guide and drive across the windy *steppe* – expansive terrain typical of Argentine Patagonia – to the base of **Mount Fitz Roy**. Our route takes us around the southeastern shores of Lago Argentino, and then past the sizeable Lago Viedma. On the drive we watch the granite spires of Mount Fitz Roy rise up behind the turquoise waters of the lakes and will likely spot guanacos (a wild relative of the llama) or ñandú (a flightless bird similar to an ostrich). En route we'll stop at the Los Glaciares National Park's visitors center to learn about the natural history of Patagonia and enjoy an optional 1-hour hike (time permitting) up to *Mirador de los Cóndores*. We arrive at the small rural community of **EI Chaltén** in the late afternoon, conveniently located in the foothills at the base of the massif, and check in at Los Cerros Hotel & Spa (Superior Valley View rooms), which is the top lodge in the area.

Afterwards, dinner is included at the LC Resto gourmet restaurant at Los Cerros. If skies are clear this evening, we ponder the thousands of stars that form Southern Hemisphere constellations such as the *Cruz del Sur* (Southern Cross), the *Corona Australis* (Southern Crown), and look for distant galaxies like Andromeda, or star clusters and the Clouds of Magellan. **Driving distance:** 130 miles or 3 hours; **Hotel elevation:** 1,395 ft (B,D)

DAY 04: FITZ ROY

Following breakfast, we join our guide and drive about 10 miles up the lovely Las Vueltas River valley along a dirt road to our trailhead for the hike toward **Mount Fitz Roy** (11,290 ft). Following the Río Eléctrico River to its junction with the Río Blanco, we make our way closer to the foot of the peaks. Along the picturesque route through patches of forest, past clearings and low-lying shrubs fields, we enjoy views of the nearly vertical rock walls of Fitz Roy's east face, the impressive spire to the south called the Poincenot Needle (9,960 ft), and the unusually blue Piedras Blancas glacier. We also identify a variety of colorful flowers and several species of birds in this lovely valley. Hiking gradually uphill on an out-and-back route, we reach the basecamp area, gaining 980 ft in elevation. Enjoy a well-deserved lunch break in this area.

The return route is along the same scenic trail, making this hike's length flexible – we can stop for lunch and turn around at any point. Descend on foot to our starting point and drive back to **El Chaltén** and the familiar <u>Los Cerros Hotel</u>, the spa offers therapeutic massages (with previous booking at additional cost). Or unwind with a glass of wine in front of the crackling central fireplace. **Hiking distance:** 9.5 miles or 6.5 hours. (B,BL,D)

DAY 05: CERRO TORRE / EL CALAFATE

This morning we depart near the lodge to hike along the **Fitz Roy River** valley. The trail crosses ancient moraines left behind when glaciers from the last ice age receded. After 1.5 hours of easy-going uphill hiking, we arrive at the *Mirador* lookout to enjoy inspiring views of Cerro Torre, Fitz Roy and nearby peaks. With sheer walls topped by a mushroom-shaped ice cap, Cerro Torre's 10,265-foot summit is one of the classic Patagonian peaks. Once in the valley, we follow a trail through patches of Lenga trees, forest and flat terrain, passing through a *mallin* (wet meadow) until we reach a scenic spot in the valley to enjoy a relaxing lunch break.

We return to **El Chaltén** hiking down the course of the Fitz Roy River valley stopping for photo opportunities. The Cerro Torre summit (one of the most challenging climbs in the world) and its Ventisquero Grande glacier loom over the valley. In the afternoon, we drive back to **El Calafate** to overnight at <u>Posada Los Alamos Hotel</u> (Studio rooms), a sophisticated country-inn retreat located at a tranquil area on the skirts of town. This evening dine on your own at the hotel's La Posta Restaurant, specializing in Patagonian lamb, pastas and seafood.

Hiking Distance: 8 miles or 5.5 hours; **Driving distance:** 145 miles or 3.5 hours. (B,BL)

DAY 06: EL CALAFATE / ESTANCIA CRISTINA

Early this morning we transfer to the Puerto Bandera docks with our private guide to board a boat or catamaran at 8:15 am for an exciting 3-hour voyage on Lago Argentino to the exclusive **Estancia Cristina**. The boat sails towards the western front of the Upsala Glacier. We pass stunning scenery of snow-covered peaks and see ice floats upclose. Cruise along Cristina Channel to the dock at the Estancia. As a secluded and historic estancia founded in the early 1900s by English pioneer and cattle farmer Joseph Percival Masters, Estancia Cristina offers a unique and pristine natural environment. Sitting next to **Glaciers National Park**, this lakeside property serves as an ideal home base for exploring the region. Learn about the history of the sheep and cattle ranch on a visit to the small museum and old shearing shed. Take a short guided walk up to Caterina River to visit the estancia's chapel and other historic buildings. A traditional lunch at the estancia is served by its friendly staff.

This afternoon, hike to Cascada del **Rio de los Perros** (total duration: 2.5 hours), an easy walk along the east bank of Estancia Cristina Valley. Admire the flora and fauna of National Park Los Glaciares. Arriving at the waterfall of the Rio de los Perros, you will be surprised by the outstanding views of Lake Anita, hanging glaciers, and the Estancia valley. Back at <u>Estancia Cristina</u> (Superior Rooms) make yourself at home and join the estancia's other guests for dinner this evening. The Estancia meticulously selects the products they use for their signature cuisine. Patagonian lamb, fresh vegetables and homemade breads are favorites among the Estancia guests. (B,L,D)

DAY 07: ESTANCIA CRISTINA / EOLO

Today you may join other Estancia Cristina guests for an excursion with the lodge's expert resident guides. The evening prior, you'll decide as a group on activity. Options include:

- a) Morning horseback riding of about 2.5 hours to Laguna de la Pesca, trotting through the valley to the north, then cooling off with a splash in the Laguna de la Pesca wading streams and rivers. Ideal for relaxing and admiring the natural beauty.
- **b) Moderate hike** of about 2.5 hours to the Upsala Glacier viewpoint. The trip begins by ascending the northwest Feruglio range, gaining 1,800 ft in elevation. Here, you get to take in a majestic view of the Upsala Glacier from the eastern front, a vantage point reserved exclusively for Estancia Cristina guests. Meander through a landscape of geological interest that, until recently, was covered by glaciers. Condors, the world's largest flying birds, may be seen soaring silently above these valleys on their impressive 10 ft wingspan.
- c) 4x4 exploration, approximate duration 4 hours. Ascend in all-terrain vehicles in a north-westerly direction crossing the Cordon Feruglio 6 miles through mountainous road to the Upsala Glacier view mentioned above and vista of Andes Mountains, the Bertrand hills cone and part of the southern Patagonian ice field. You'll get to walk on a unique terrain eroded by glaciers.

At 5:30pm we catch our boat for the direct 1.5 hour ride back to **Puerto Bandera**. On arrival a 35 minute drive brings us to <u>Eolo Lodge</u> (Superior Suites). Eolo is a prestigious Relais & Chateaux property situated in the wide open expanses of the majestic Patagonian pampa and inside the grounds of the Estancia Anita. Dinner is included for a chance to try the delicious cuisine and excellent selection of Argentine wines at the Lodge's restaurant.

(B,L,D)

DAY 08: PERITO MORENO GLACIER / EOLO

Meet your private guide and drive early this morning into **Los Glaciares National Park**, which was declared a World Heritage Site by UNESCO in 1981. We embark on a 20 ft catamaran ride on the Brazo Rico section of Lago Argentino to appreciate close-up views of the spectacular **Perito Moreno Glacier**, one of three Patagonian glaciers that are not retreating, with a surface area of 97 square miles (three miles wide, 19 miles in length and 195 ft high). Perito Moreno truly is one of South America's natural wonders.

The narrowest point of this arm of the lake has a lookout to observe and photograph the massive sheet of ice from various angles. Walk along the conveniently built network of observation paths that wind along the lake shore, directly in front of the glacier and across from its snout. We may witness the detachment of ice blocks from a safe distance, hear the roaring they produce, and see how they turn into ice floats. After savoring lunch at the nearby Nativos restaurant, we drive back toward El Calafate with a stop at the **Glaciarium Museum**, a modern center devoted to the Patagonian ice field, its glaciers and conservation. It's one of few glaciological interpretative centers in the world. Continue to the comfortable Eolo Lodge for the night. **Driving distance:** 100 miles or 3 hours. (B,L,D)

DAY 09: EL CALAFATE / DEPART BUENOS AIRES

The morning is available for individual guided activities around Eolo and the **Anita valley**, taking in the sweeping Patagonian vistas. According to interest, choose from short nature walks, hiking, mountain biking or bird watching/wildlife observation – all included with onsite guides from Eolo who help to interpret the natural and cultural history of the ranch. Horseback riding, fishing or 4x4 activities can be arranged at an extra cost.

After a half day of guided exploration, return to the lodge to relax with a swim in the pool or time for the sauna, discussions on glaciology, regional flora and fauna, tales of local and indigenous legends, customs and traditions. There's a library, thematic films and documentaries. Lunch is in the restaurant overlooking Lago Argentino. Later, depart the lodge and drive to the airport to check-in for an afternoon local flight from **El Calafate (FTE) to Buenos Aires (AEP)**. Reception on arrival at the Aeroparque domestic airport, and private transfer 1 hour to the Ezeiza International Airport to check-in for your overnight flight back to US. (B,L)

DAY 10: ARRIVE HOME

Arrive back in the USA this morning to clear customs and make connections home.

NOTES ON THE ITINERARY: Although we do our best to follow the schedule listed above, due to the extremely changeable and unpredictable nature of the weather in Patagonia, as well as other factors beyond our control, including group members' abilities, pace, interest, weather, and road/river/lake/trail conditions as well as local flight and catamaran schedule changes, any itinerary in these regions is subject to change at any time. A flexible attitude is recommended. Participants are encouraged to have prior hiking experience. This program uses a variety of hotels, lodges and estancias, and is suitable for physically fit participants accustomed to outdoor activities, age 12 and up.

Hiking distances and altitudes are approximate, and times indicated are NET. They do not include lunch breaks, rest stops, time to explore the area, photo stops, etc. An important factor to consider when visiting Patagonia are the distances that must be covered. This is a vast region, comparable to the combined territory of western states like Texas, California and Montana. The area still has many unpaved roads and there is only sporadic local flight service, other than the flights into El Calafate. We have designed this adventure to minimize the amount of driving time, but we are still covering approx 450 miles total during the trip.

2024 LAND COST: 4-5 participants: from \$9,400 p.p.d.

6-9 participants: from \$8,600 p.p.d. 10-12 participants: from \$8,000 p.p.d.

Single Supplement: from \$3,400

2024 Land Costs are valid for departures through March 2025. p.p.d. = per person based on double or triple occupancy. Holiday travel dates could have a Land Cost surcharge of 10-15%.

ESTIMATED AIRFARE:

The Land Cost DOES NOT INCLUDE ANY FLIGHTS. Southwind's ticketing specialist can assist with all your air travel – providing an airfare quote to match your itinerary, personalized support for seating, monitoring schedule changes and coordinating directly with the airlines if any adjustments are needed. Round-trip **international** air from US gateway cities is approximately \$900-1,100 per person. Dec 15-Jan 15 is a peak travel time so higher fares may apply. International carriers offering non-stop service from US gateways include; **American** (Dallas, Miami & JFK), **United** (Houston), **Delta** (Atlanta) and **LATAM** (LAX, JFK & Miami). Local **in-country** flights ARE NOT INCLUDED; budget on approx \$250-\$400 per person for the two local flights (Buenos Aires-El Calafate-Buenos Aires) with Aerolineas Argentinas (a SkyTeam partner). Airfares are subject to change at any time before tickets are issued. You have the option to arrange your own flights or redeem award travel yourself if you prefer. Tickets should only be purchased after Southwind notifies you that your trip is confirmed. The airlines request that tickets match your passport name. Upon receipt of your deposit, Southwind provides flight booking details for your travel dates.

SERVICES INCLUDED:

- Comprehensive pre-departure planning information and expert travel advice.
- All in-country transfers as scheduled. Ground transportation in spacious and comfortable private vehicles with professional drivers.
- Boat and/or Catamaran transportation where applicable on a seat-in-boat basis.
- Local and return flight reconfirmation, in-country airport check-in and luggage assistance.
- All accommodations in First-class (5 star) hotels and the best available Lodges in remote locations as listed
 (or at similar hotels or lodges) on a shared basis with private bath. Advanced bookings are recommended if
 you require double beds (king/queen) for couples, or plan to arrive early or extend your stay.
- Single Supplement provides single room accommodation in all hotels. Due to the small size of most hotels/lodges
 in Patagonia, making reservations well in advance is recommended.
- All meals indicated on the itinerary (B=breakfast; L=lunch; BL= picnic/packed lunch; D=dinner). Vegetarian diets
 accommodated on request (advance notification required). For other diets, consult your travel specialist
 before making a reservation.
- All guided tours & excursions (as listed) conducted on a private basis by knowledgeable, English-speaking resident guides in each region (includes applicable entrance fees), except the Perito Moreno catamaran excursion and the boat rides to Estancia Cristina, which are operated on a seat-in-boat basis. There will be other travelers aboard, although our group will be privately escorted. There will be one main guide from El Calafate (Day 03) to Eolo (Day 08), onsite guides at Estancia Cristina and Eolo, and a different resident guide for Buenos Aires. Southwind's travel style is to utilize guides who are experts in each region in an effort to enhance your overall learning experience and support Sustainable Tourism efforts.
- First-class Hiking service including:
 - Experienced, knowledgeable, English-speaking, Patagonian guide and assistant guide (assistants are provided for groups with 9 or more participants).
 - Packed or picnic gourmet lunch.
 - First-aid kit.
 - Entrance fees.

NOT INCLUDED:

- US domestic, international flights, nor local flights within Argentina.
- Tours, meals (at about \$35-60 each per person) or other services not listed on the itinerary.
- Early arrivals, dayrooms, or late check-outs at hotels.
- Alcoholic beverages nor items of a personal nature; such as clothing, equipment, laundry and phone calls.
- Tips to the local staff.
- Expenses incurred in preparing for this program such as, but not limited to, non-refundable airline tickets or traveler's insurance, nor additional expenses resulting from flight delays, schedule changes, cancellations, or missed connections.

OPTIONAL TRIP EXTENSIONS: Those with extra days might want to extend their vacation and visit some of the country's other impressive destinations. We suggest a 3 day/2 night pre-extension to Ushuaia and Tierra del Fuego, a 4 day/3 night tour of Mendoza wine region or a 3 day/2 night Iguazú Falls extension. We also recommend a 5 day/4 night excursion to Easter Island or a visit to the Atacama Desert in Chile. These add-ons require a minimum of 2 participants. See our <u>trip extensions page</u> for more details.

TRAVEL INSURANCE: We strongly recommend purchasing coverage to protect your trip investment. Travel insurance is important in case of unexpected events prior to departure causing the need to cancel or change your dates. Weather, natural events, medical reason, quarantine, local strikes, personal injury/illness (for you, your traveling companion or family members at home), could require itinerary interruption or changes. Missed connections, delayed arrival, lost/delayed baggage or the need for medical attention or evacuation are also reasons why coverage is important. Southwind recommends **Travel Insured International** which offers coverage options at a good value. If you, your traveling companion or a family member has a pre-existing medical condition, you can still receive coverage if a recurrence of the condition forces you to cancel your trip, but you do need to purchase a plan within 21 days of your deposit. Southwind can provide eQuote for insurance to review upon receipt of your deposit and Trip Reservation eForm.

Learn more about coverage offered by Travel Insured International

WEATHER: Buenos Aires can be expected to be hot and humid during the months of December, January, and February with daytime temperatures of 85-95°F and up to 70-75% humidity. Nighttime lows in the summer average 65-70° F. The **Patagonia** region has a reputation for changeable, windy and/or rainy weather with mild temperatures. Daytime highs during the summer in Río Gallegos, El Calafate, El Chaltén will be between 60-72°F, with nighttime temperatures ranging between 40-45°F. Paine National Park and areas on the western slope of the Andes typically have more wind and rain than destinations on the eastern side, but rain can be expected in Patagonia at any time, on any departure. The best policy for enjoying this trip is to be prepared for all possibilities ranging from intense sunshine to rain, cold, and/or wind.

HOW TO SIGN UP: Please complete Southwind's <u>Trip Reservation eForm</u>. There are fields for up to 6 travelers per form with the same address. The deposit is **\$2,000 per person**, <u>please click here to pay your deposit</u> by any major credit card through our secure CardConnect system. In the total amount due box, enter your deposit amount (without a comma) based on the number of travelers in your party. If you prefer, you can also call us at 1-800-377-9463 to make payment arrangements by phone or send a check. You will receive confirmation of your deposit.

Reservations can be accepted up to 60 days before departure, provided services and space are available. Due to the popularity of Patagonia, we recommend making reservations at least 4 months in advance for non-holiday or about 1 year prior for holiday departures. Once your trip is guaranteed to operate, you will receive comprehensive pre-departure planning documents by email.

Land Balance: Final payment is due at 120 days by Visa, MasterCard, Discover, American Express, check, or electronic funds transfer. You can split your balance on two cards. You will receive a trip invoice indicating your balance due.

Cancellation Fees and other policies are outlined under your private trip proposal or the current <u>Terms & Conditions</u> on Southwind's website.

We look forward to having you travel with us in Argentina!

Southwind Adventures, Inc.

Your Latin America Travel Specialist since 1990
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