



Specializing for 30 years in customized nature, cultural & adventure tours to Latin America

ARGENTINA

Custom Sample Itinerary

Buenos Aires, Bariloche Lake Region, Mendoza Wine Region & Iguazu Falls

13 days/12 nights

(can be adjusted longer or shorter according to preference)

[Map of South America](#) (interactive links)

[Argentina Destination Map](#)



TRIP RATING: Easy to Moderate Walking & Cultural Adventure, Grade (II) - This active trip includes lodge based hikes and outdoor excursions according to interest at elevations mostly below 2,500 ft elev. Scenic overland travel is sometimes on dirt roads. Ideal for travelers seeking superb mountain scenery, iconic landscapes, natural history, expert guides, friendly locals, great food and fine hotels!

A personalized guided trip with your own private guide and vehicle/driver in Buenos Aires, Bariloche and Iguazu Falls. In Mendoza, you'll have an all-inclusive stay with daily excursions led by on-site expert guides in small groups with other guests.

INTRODUCTION:

As a gateway and cultural hub of Argentina, **Buenos Aires** is a lively and cosmopolitan capital known for its cultural sites, art galleries, distinct neighborhoods with tree-lined streets to explore, tango shows, steak dinners and amazing wine.

The **Andean Lake District** around Bariloche is an arrestingly beautiful region of rolling hills and valleys surrounded by snow-glazed peaks and volcanoes. Quaint farms and villages with strong northern European influences are carved out of dense, temperate rainforest, lush with bamboo, rhubarb and fuchsia. Dazzling blue lakes embrace tracts of unspoiled forest, rich river estuaries and flower-strewn alpine meadows, all showcased in some of South America's oldest national parks. Active days are complimented by cozy nights at fine lodges offering luxurious amenities and gourmet meals.

Refine your connoisseur palette in **Mendoza**, South America's premiere wine region. Famous worldwide for its varieties of Malbec, Mendoza has made a place for itself as one of the great wine capitals of the world. During this 4-day cultural and gourmet experience, you'll have the opportunity to take in the charming small city of Mendoza, visit several top wineries where exquisite meals and food pairings await, and enjoy picturesque country vineyards backed by the scenic Andes on your choice of bicycle, horseback, or on foot.



Iguazú Falls, a UNESCO World Heritage Site and one of the world's most famed waterfalls, is located in a dense tropical forest, along the Brazilian border in northern Argentina. At 230 feet in height and 1.5 miles wide, the falls, whose indigenous name means *Great Water*, are higher and wider than Niagara. Not only are the 275 thundering cascades spectacular, it is also one of the few places in South America to easily wander through nearly pristine jungle. With two full days in Iguazú, this visit allows plenty of time to explore the main cataracts like the Devil's Throat, Two Brothers Falls and Alvar Nuñez Falls. Guided nature hikes and photographic excursions wind along trails through the rainforest.

DATES TOURING / HOTELS / MEALS (indicated as B,L,D)

DAY 01	TO ARGENTINA Depart home on an overnight flight to Buenos Aires.	
DAY 02	BUENOS AIRES Arrive in Buenos Aires (EZE airport) this morning. Reception by your private Southwind guide providing a transfer to your hotel centrally located in the upscale Recoleta neighborhood near pedestrian shopping, galleries & city landmarks, the Latin American Art Museum (MALBA) and Puerto Madero redesigned port district. After a chance to rest, join your guide for a private afternoon tour of this cosmopolitan and lively capital. Visit the Casa Rosada (Presidential Palace), Plaza de Mayo (site of 1810 revolution that led to independence), Cathedral and the outside of the historic Colón Theater among the 5 best acoustic venues in world. Drive through the vibrant San Telmo neighborhood , the city's oldest neighborhood known for its quirky antique shopping and street tango. You'll also see the 9 de Julio Avenue (the widest avenue in the world). Return to the hotel with dinner at your leisure to relax and rest up at the hotel. If you are interested in dining out this evening, our dining guide is a helpful resource and the concierge can help with local reservations. Emperador Hotel Buenos Aires or Loi Suites boutique hotel in Recoleta	
DAY 03	BUENOS AIRES / EL TIGRE DELTA Join your guide for a private cultural excursion north of the capital to the Tigre Delta . Buenos Aires is located on the Rio de la Plata, the widest river in the world. Just an hour outside the city, the Paraná and Uruguay rivers join to form the Rio de la Plata. Here, small charming towns offer a pleasant atmosphere and slower paced way of life compared to the bustling BA. In San Isidro, visit the historic plaza with cobbled tree-lined streets where locals sip <i>mate</i> at cafes overlooking the river. During a short boat ride learn about the unique riverside lifestyle and see homes built on stilts along leafy riverways. The colorful Tigre port market offers fruit and handmade products from wicker, leather and ceramic. Lunch is at a top restaurant by the river featuring local cuisine. Return to the capital with a brief stop at the Parque de las Rosas and Floralis Genérica , a giant metallic flower sculpture and city landmark. After some time at leisure to walk or visit galleries in the pedestrian friendly neighborhood around the hotel, you'll be transferred to Gala, a top Tango dinner show in the city. The show begins at 10:00pm with dinner prior. An optional beginner's tango lesson can be arranged from 7:30-8:30pm before dinner (in a group setting). The transfer to/from Gala from your hotel is private with a driver, but this is a non-guided activity. Return to the hotel around 11:30pm. (B,L,D) Emperador Hotel Buenos Aires or Loi Suites boutique hotel in Recoleta	
DAY 04	BUENOS AIRES / ANDEAN LAKE DISTRICT - BARILOCHE Enjoy a leisurely breakfast at the hotel to rest up after the previous night's tango show. Meet your guide providing a private transfer 25 min to the domestic AEP airport for a flight from Buenos Aires to Bariloche (2 hr 20 min). Reception and private transfer along the shores of Nahuel Huapi Lake to the Argentinian resort town of San Carlos de Bariloche. We walk through the main square of town learning about local history and savoring a taste from the region's famous chocolate shops. After lunch in a lake front restaurant, continue into the heart of the Lake District, arrive to your charming hotel in an idyllic setting on the shore of the lake surrounded by gardens and forest. The evening is at leisure with dinner on your own to dine in the hotel's notable restaurant. (B,L) El Casco Art Hotel	

<p>DAY 05</p>	<p>BARILOCHE / NAHUEL HUAPI NATIONAL PARK</p> <p>This morning, a one hour drive brings us through Bariloche and up to Cerro Otto (4,610') for panoramic views of Nahuel Huapi National Park and an easy hike. Designated as a national park in 1903 (first in South America), Nahuel Huapi protects more than 3,000 square miles of lakes, sparkling rivers, trout streams, turquoise glaciers, rocky, snow-capped peaks, dense forests, and waterfalls. Following a scenic road, we arrive to the trailhead to begin our hike (about 4 miles) through lenga beech forests and by fields of wildflowers. We look for amancays, a stunning yellow flower with red streaks on the petals. We keep an eye out for Magellanic woodpeckers as we head to the Halzburg lookout. From the rocky top, gaze out upon Nahuel Huapi, Moreno and Gutiérrez lakes and the peaks of Tronador, Catedral and Campanario. Back in town, enjoy a local style lunch before returning to the hotel. The remainder of the afternoon is at leisure with dinner on your own to dine at the hotel or to explore restaurants in town. (B,L)</p> <p>El Casco Art Hotel</p>	 
<p>DAY 06</p>	<p>BARILOCHE / NAHUEL HUAPI NATIONAL PARK</p> <p>In the morning a short drive leads us through tall native bamboo to reach lovely López Bay. From this idyllic site, we hike about 1 mile following a gentle and scenic trail to view the Brazo Tristeza section of Lake Nahuel Huapi and Cerro Capilla (7,110'). The high rock cliffs of this peak are used by Andean condors to nest and it is usual to see them soaring along the Ridge. There is a good spot to try lake kayaking on the crystalline waters paddling for a few hours along a calm protected part of the lake shore away from the wind. After building up a good appetite, we drive to a nearby restaurant for lunch. Later, we follow a winding road through the Nahuel Huapi park stopping at fields of colorful lavender, whose sweet scent permeates the air. Completing our circle we ascend by chairlift to the top of Cerro Campanario for a superb panoramic view of Lake Nahuel Huapi (Tiger Island in the Mapuche language) and Lake Moreno. After a scenic day on the peninsula, return to the hotel with dinner on your own at your leisure. (B,L)</p> <p>El Casco Art Hotel</p>	
<p>DAY 07</p>	<p>BARILOCHE / MENDOZA WINE REGION - CAVAS</p> <p>After breakfast, transfer with your guide to the airport with check-in assistance for a mid-day flight from Bariloche to Mendoza (1 hr 40 min). Reception in Mendoza and transfer 30 min to the Cavas Wine Lodge. Check-in and begin your 4 day/3 night stay. The lodge concierge helps to fine tune your personalized stay including an introductory wine tasting with the sommelier in the wine cellar and sunset dinner on your private terrace beneath the stars. (B,D)</p> <p>Note: All services at Cavas are included except for alcoholic drinks, minibar, phone calls, laundry and tips. You can relax in the cozy main house, on the grounds and gardens, at the spa, sauna and jacuzzi (prior reservation needed). The daily itinerary is subject to change based on local conditions, logistics and schedules.</p> <p>Cavas Wine Lodge - a <i>Relais & Chateaux</i> luxury wine lodge & spa (or another similar style wine lodge according to availability)</p>	

<p>DAY 08</p>	<p>MENDOZA WINE REGION - CAVAS Venture out to tour local vineyards with wine tastings arranged by Cavas. Mendoza sits at the western edge of Argentina at the foot of the snow-capped Andes. Your visit will include fine dining and picturesque country vineyards famous for producing fine Malbec and Cabernet Sauvignon, back dropped by scenic vistas and options for walks, bicycle rides and touring by vehicle. This evening dine out at Francis Mallmann's renowned 1884 Restaurant. (B,L,D) Cavas Wine Lodge</p>	
<p>DAY 09</p>	<p>MENDOZA WINE REGION - CAVAS / UCO VALLEY Today enjoy nearby winery visits, tastings and fine dining in the valley near Cavas with time for the spa and on-site activities at Cavas itself. According to interest, you could opt for a visit further afield in the Uco Valley to the south. The Uco is known for its unparalleled soil and climate conditions, it has risen to world recognition in recent years as the gem of all Argentine wine regions.</p> <p>Activity options: A) Uco Valley – Vineyard Touring – Full Day While at Cavas, you will have 2 winery visits plus Cavas vineyard itself, but if you prefer to experience a greater variety of notable vineyards of the region, a wine tour can be arranged today in the Uco Valley 1.5 hours south with a visit of 2 wineries including tastings and a relaxed wine country lunch. Uco is a special place, but it does require some drive time to visit and needs to be arranged in advance.</p> <p>B) Uco Valley – Estancia Ranch BBQ Experience – Full Day Depart Cavas driving 1-1.5 hours south to the Uco Valley to reach the Estancia de Montaña ranch. Walk along rows of Jarilla (local aromatic bush) on gradual terrain with views of the stunning Andes Mountains. Return to the Estancia for a traditional Argentinian Asado BBQ among the natural beauty while learning about local ranch and winery culture. Return to Cavas in the late afternoon. This activity needs to be arranged in advance.</p> <p>C) Day at leisure at Cavas (with optional activities organized on arrival): Bikes are available at the lodge for a short ride among the vineyards. A mid-day cooking experience with the chef can be arranged, to pick veggies and cook a traditional Argentinean meal followed by lunch. A 1 hour massage is included and Cavas can prepare a wine bath according to interest after the message as an extra service on request. Enjoy a romantic dinner in the Cavas private cellar or in lodge restaurant. (B,L,D) Cavas Wine Lodge</p>	 
<p>DAY 10</p>	<p>MENDOZA / IGUAZU FALLS Morning transfer to the airport for a flight from Mendoza to Iguazu Falls (1 stop in Buenos Aires). Reception by your private guide and short transfer to the Gran Melia to begin your 3 day/2 night visit of the falls. Your hotel has a prime location inside the park with views of this natural Seven Wonders of the World. There are walking paths, an infinity pool, spa & wellness area with hydrotherapy circuit, saunas and a gym. After settling in, join your guide for a private walking tour of the upper circuit and take in sunset views of the beautiful cascades of Salto de Dos Hermanos, the Salto Bosseti, and the Salto San Martín. Dinner is on your own this evening to relax at the hotel's Garganta del Diablo restaurant. (B) Gran Melia Iguazu Hotel</p>	

<p>DAY 11</p>	<p>IGUAZU FALLS (from Brazil side) Join your guide for a private tour of the Brazil side of the falls. A border crossing is required with passport formalities, but there no visa required. After driving into the park explore the nature paths and viewpoints overlooking the falls. More than 2,000 species of butterflies, 400 species of birds and 100 species of mammals are found here. Iguazu means "great water" in the Guarani Indian language. An average of 62,000 cubic feet/second rushes over 275 tiered cascades of these world-renowned falls! Spanning more than 1.8 miles and with a drop of more than 260 ft, Iguazu is wider than Victoria and 1.5 times higher than Niagara. After touring and enjoying a relaxed lunch at a restaurant by the falls, return to the Argentina side by private vehicle to unwind for the night. (B,L) Gran Melia Iguazu Hotel</p>	
<p>DAY 12</p>	<p>IGUAZU FALLS / BUENOS AIRES / DEPARTURE Following an early breakfast, meet your guide and board a passenger train to Puerto Canoas where a walkway brings us to one of the most famous and spectacular series of falls, the Garganta del Diablo or Devil's Throat. The walkway zig-zags out across the river allowing a fantastic view as hundreds of thousands of gallons of water pour over the U-shaped 490 by 2,300 foot falls.</p> <p>According to flight timing, we may need to replace the train to Devil's Throat walkway overlook with the lower circuit trail by the river where nature trails are filled with hundreds of colorful butterflies. From this different angle, we can view the falls of San Martín, Adan and Eva, and the Three Musketeers.</p> <p>We return to the hotel for check-out and a private transfer to the airport for an afternoon flight from Iguazu Falls to Buenos Aires (2 hrs). Reception in the capital with private transfer 50 min from the domestic airport (AEP) to the Intl airport (EZE) to check-in for your overnight flight home. There are VIP lounges and restaurants in the airport to relax prior to your flight. (B)</p>	
<p>DAY 13</p>	<p>ARRIVE HOME Arrive in your gateway city early this morning, clear customs and make onward connection home.</p>	

Meals: B=breakfast; L=lunch; D=dinner. If a meal is not indicated, you have flexibility to dine out at your leisure.

NEXT STEP: Please contact Tom Damon to setup a custom planning phone call. With your feedback on the destinations, activities and accommodations in this sample itinerary, Southwind will create a custom proposal tailored to your travel style, goals, dates and budget. Your proposal will provide Land Cost pricing and more details. Accommodations shown in this sample are in the 4-5 star category with superior or preferential rooms with views. Optional upgrades to exclusive top tier hotels can be provided during the planning. Note that space or room types cannot be guaranteed until a design fee or deposit is paid and Southwind receives confirmation. It will help to finalize plans at your soonest convenience for best selection. For high season or holiday dates, we are able to place a complimentary hold with a design fee to help secure space while we fine tune your itinerary.

We look forward to having you travel with us in Argentina!

For more information please contact your personal travel planner:
Tom Damon Direct: 720-414-5569 (calls or text) Email: Tom@southwindadventures.com



[Southwind Travel Blog](#) • [Southwind Destinations for Planning Ideas](#)

[Southwind Adventures Homepage](#)
Your Latin America Travel Specialist since 1990
Tel: 303-972-0701 or 800-377-9463