



PERU

FAMILY ANDEAN DISCOVERY

An experiential and fun tour of Cusco, the Sacred Valley and magnificent Machu Picchu



Expertly designed for active families with kids ages 5 and up

DURATION:	9 days / 8 nights
SEASON:	April through December
DEPARTURES:	Guaranteed with a minimum of 4 and maximum of 12 participants.
TRIP RATING:	Moderate cultural, educational and family-friendly Tour, Grade (II): This first-class soft adventure is an activity-oriented program featuring optional daily walking tours through villages and Inca sites (2-3 hours in duration at elevations above 8,000'). Although the trip reaches a high point of 12,150' while touring, the itinerary has been designed to allow gradual adjustment to the altitude.

2015 DATES:	APR 18 - 26	AUG 01 - 09
	JUN 27 - JUL 05	OCT 10 - 18

Also on request any week of the year during the travel season.

Note: The optional Km 104 hike requires hiking permits that can sell out 3-4 months in advance, so planning early is highly recommended.

INTRODUCTION:

Machu Picchu, the “lost city of the Incas.” It sparks the imagination of kids and adults alike. All members of the family will find “wow” moments and make lifelong memories with this colorful family-oriented itinerary. You’ll find experience-rich interactive fun for the kids and fine dining and creature comforts for parents – all combined with active easy-to-moderate outdoor adventure and eye-opening cultural exchange that everyone can share.

TRIP HIGHLIGHTS:

- Get up-close with woolly llamas, vicuñas and alpacas and learn to tell them apart
- Practice counting in Spanish as you bargain for handcrafted souvenirs in lively local markets
- Learn about a day in the life of young Peruvian students at a village school visit
- Spot the Southern Cross and other night sky wonders at a planetarium and observatory
- Get hands-on with clay at an artistic ceramics workshop
- Watch the ancient citadel of Machu Picchu emerge from the clouds
- Find out *why* the Incas chose this spot for building Machu Picchu at the Manuel C. Ballón Museum
- Learn about an endangered species at the spectacled bear conservation project
- Get creative in the kitchen with a Peruvian cooking class
- Dance and play inside the enchanted water fountains in Lima’s “magic water circuit” park

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DAY-BY-DAY ITINERARY:

DAY 01 (SAT): USA / LIMA

Families arriving this evening to Peru's coastal capital city, **Lima**, are met at the airport by a Southwind representative and assisted checking into the [Costa del Sol Hotel](#) located near the International Terminal. Meals are on your own.

DAY 02 (SUN): LIMA / CUSCO / SACRED VALLEY

For those staying at the airport hotel in Lima, you will be picked up early this morning to check in for the scenic, one-hour flight over the Andes to Cusco (11,150'). You are met at the airport and we drive one-hour to the lower elevations of Pisac in the Sacred Valley of the Incas. We stop to visit **Awana Kancha textiles** center en route, here we learn about the South American camelids (llamas, alpacas, vicuñas and guanacos) and admire their woolly coats. Watch weavers craft the wool the same way their ancestors have done for generations!

Descending into the warm valley, our next stop is at the town of Pisac (9,708') where we catch the **traditional weekly market**. Artists and vendors set up their stalls around the main plaza to sell food and colorful handicrafts. Kids can trade their Peruvian *sol* coins for handmade jewelry, watercolor paintings, carved gourds, key rings and small musical instruments. We walk a couple of blocks to visit the unique collection of cactus, typical plants and flowers at a small private botanical garden.

We enjoy a delicious Andean lunch and stretch our legs on a panoramic walk through Pisac's **impressive Incan ruins**, perched spectacularly on a ridge overlooking the town and countryside. The walking tour is about two miles along a wide stone-paved trail high above the valley, dotted with lookout points. We visit the main sections of the site including the religious center *Intihuatana*, or Hitching Post of the Sun. We'll see dozens of agricultural terraces whose formations were built to follow the contours of the hillside rising from the Urubamba River valley. Afterwards, we continue driving down the valley to the community of Urubamba and check-in to the colorful, private *casitas* (bungalows) of [Sol y Luna Lodge & Spa](#) (9,430'). Join your guide this evening for a welcome dinner at the hotel's Killa Wasi restaurant. (B,L,D)

DAY 03 (MON): SACRED VALLEY / OLLANTAYTAMBO

After breakfast this morning, kids will have a unique chance to meet their Peruvian peers with a **primary school visit** at Harin or Sillacancha. Practice your greetings in Spanish, visit a classroom and have an exchange with children and teachers. Share school supplies that Southwind donates to the school on behalf of our guests. Roll up your sleeves for crafts time at the nearby **Yawarmaky ceramic workshop**, where you can watch the masters and learn about the process of creating beautiful pieces, then try your hand at sculpting a small pot with clay. Next, we'll reach the nearby town of **Ollantaytambo**, where we visit the main plaza of this unique community whose streets and foundations were originally designed by the Incas. We'll be **welcomed into a local home** to gain insight into a traditional and simple lifestyle. Then, we'll make a quick visit to the lower section of the ruins complex to look for "the bath of the princess", a fountain at the base of the impressive terraced remains of the Sun Temple.

A **special traditional lunch** awaits us at Wayra restaurant, buffet-style with options for all kinds of eaters. Here we have a chance to sample a variety of native delicacies including several types of potatoes (tubers such as oca); quinoa (sacred to the Incas, referred to as the "mother of all grains"); fava beans; and corn. While we enjoy lunch, the **Paso Fino horse show** will amaze us. You'll see fine specimens of this national breed demonstrate the elegance of their liling gait to the rhythm of the *Marinera*, an emblematic Peruvian dance.

After a short scenic ride up the valley, we'll scratch our curiosity about where salt comes from at the **Salt mines**, a fascinating patchwork of white and water. A series of over 2,000 terraced mountainside pools fed by a natural spring are still worked by local families today. From this site, we'll take an hour-long gradual downhill hike into the Sacred Valley, following a classic Andean gorge trail. That evening, we'll take in a celestial treat at the Casa Andina's domed **Planetarium and Observatory**. The night sky is different here in the Southern Hemisphere. Using telescopes and pointers (weather permitting), a trained guide will help spot constellations like the Southern Cross and Centaurus, enlightening us as to what the ancient Incas thought about the stars. Return to the [Sol y Luna Lodge & Spa](#). (B,L)

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DAY 04 (TUE): MACHU PICCHU

We head back to Ollantaytambo early this morning to catch the **Vistadome train** for the 1.5 hour ride to Machu Picchu Town (formerly Aguas Calientes). Ascending to **Machu Picchu** (7,874') by bus, we join our expert guide for a private tour of this epic archaeological site perched atop a crest high above the meandering Urubamba River and surrounded by rugged, green Andean hillsides. How was this marvelous lost city built so long ago, without machines? For how long was it forgotten? Who finally discovered it and exposed it to the world? The guide will bring the ruins to life as we reach the Temple of the Sun and the Royal Tomb, the ceremonial water fountains and baths, the Intihuatana ritual stone, the industrial area, and the Sacred Plazas. Take photos with the llamas or alpacas peacefully grazing among the terraces.

Lunch is buffet-style at the Tinkuy restaurant located by the ruins entrance. After lunch and some rest, we'll take a 30-minute walk to the impressive **Inca Drawbridge**, an ingenious construction. The drawbridge itself is a natural gap in the stone-paved trail that the Incas used to prevent unwanted visitors from crossing. The gap was bridged by logs that could be withdrawn easily.

In the afternoon, we head back to our lodging at the award-winning [Inkaterra Machu Picchu Hotel](#), situated on 12 acres of cloud forest garden along the Urubamba River in town. It's a nature-lover's wonderland of birds, ferns, bromeliads and orchid species (over 370 orchid species have been identified at the hotel grounds). Parents have a chance to indulge in an Andean massage which can be booked in your own room or at the spa. 100% botanical ingredients from the local area are used. Family members can also relax in two of the outdoor hot tubs, try the Andean eucalyptus sauna or explore the grounds of this amazing property. Here, we enjoy a scrumptious dinner together this evening and recount our "lost city exploration" memories of the day. (B,L,D)

DAY 05 (WED): MACHU PICCHU

Rising very early to beat the crowds, those who wish can head to the ruins (gates open at 06:00) to see the early morning light as the sun comes over **Intipunku**, or the Gateway of the Sun.

There are several optional guided hikes in and around the site to suit the group's experience and energy level. Permits to access either of these options are included in Machu Picchu admission:

- The softest option is a 1.5 hour up-and-downhill hike on a shaded trail ending at the mysterious, partially excavated **Temple of the Moon** (7,580'), a natural cave where carved rocks have been fitted perfectly to form a wall of doors and windows. This passage is a fun off-the-beaten-path alternative to the Huayna Picchu hike. Recommended for kids age 7 and up.
- **Huayna Picchu**, or Young Peak, looms over the citadel at 8,860'. The strenuous one-hour climb follows a very steep and exposed trail, ending at terraces and ruins on the mountain's top, where you'll earn a thrilling bird's-eye view of Machu Picchu. Recommended for kids age 12 and up.

Today the schedule is somewhat flexible to allow for weather and group's inclinations. Those who prefer may simply choose an overlook to meditate, photograph, or continue personal explorations of this archaeological wonder at your own pace. Lunch is on your own. In the afternoon, the guide will lead the way to the **Temple of the Condor**, where a carving of the head of a condor can be seen on the ground, with the rocks in the temple forming the outstretched wings of the bird. From there, head over to the hidden **Intimachay**, which lets in a magic window of light on the two solstice days of the year, and other special spots within Machu Picchu including the "perfect wall". When everyone is ready, we'll return to the [Inkaterra Hotel](#) for a restful evening and gourmet dinner. (B,D)

DAY 06 (THU): MACHU PICCHU / CUSCO

Get out your binoculars! Early this morning we'll go on a birdwatching excursion and have a chance to spot as many as 18 different hummingbird species on the hotel grounds. Look for the torrent duck and the white-capped dipper or the silver-beaked and blue necked tanagers. The wildlife fun continues with a nature walk and a visit to Inkaterra's **spectacled bear conservation project** to learn about South America's only bear species, now critically endangered. The goal of the non-profit organizations involved in this project is to rescue injured bears and reintroduce them into their natural habitat. We will get to see a few bears up close and learn about the challenges they face to survive in today's changing world.

Next, we'll hop on a bus for a short ride to visit the Manuel C. Ballón museum, considered a great hidden secret of Machu

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Picchu by National Geographic. The excellent museum fills in many of the blanks about how and why Machu Picchu was built, and why the Inca chose such an extraordinary natural location for the citadel. From here, a 25-min walk will take us back into town for an exquisite lunch at the Sumaq Hotel restaurant, one of the finest in town.

That afternoon, we'll follow a 1.5 hour scenic journey back to Ollantaytambo via **Vistadome train**. Tracing the course of the Urubamba River, we wind our way past Incan terraces and Quechua communities as we leave the lush cloud forests behind and make our way back to the highlands. Reception upon arrival and transfer by private vehicle to **Cusco** (11,150'). Enjoy panoramic views of the snow-capped Urubamba range en route, including Mount Veronica and Pituisiray peak - both over 18,000 feet high!

Arriving around 7:30pm, there's time to check into the splendid [Libertador Palacio del Inka Hotel](#) centrally located near the main plaza. This fascinating hotel is the restored palace of the first governor of Peru, Francisco Pizarro, built over the Inca's *Aclla Huasi* foundation. In the evening, scout out your own dinner option along the cobbled streets of Cusco, where gourmet, vegetarian, and international restaurants have something for everyone. (B,L)

DAY 07 (FRI): CUSCO

This morning we'll explore Cusco by van and by foot in a way that kids can get into. We'll start at the colorful and lively San Pedro open air market, where we can observe indigenous people selling a variety of fruits, typical foods, breads, vegetables, herbs, clothing and much more.

Next stop is the **Casa Concha museum**, which displays a variety of artifacts from Machu Picchu and brings the citadel to life with a scaled model and energetically guided imaginings of what it was like during its prime. Heading towards the historical Main Square, we contemplate the Cathedral and other colonial buildings, stopping for photos by the fountain and gardens. Walking along a nearby original Inca street called *Hatunrumiyoc*, everybody can hunt for the famous **12-angled stone** and other large stones cut and fitted with exceptional precision. Then we'll come across **Coricancha**, the Inca-Sun-temple-turned-Catholic-Church. Its walls and floors were once covered in sheets of solid gold!

For a special farewell lunch, join your guide and a chef at Tupanachis restaurant, where everyone can get hands-on in the kitchen with a Peruvian cuisine cooking class. Savor the *tiradito* (King fish rolls) or *ceviche* (a marinated fish appetizer) you've helped to prepare, along with other native delicacies.

Afterwards we drive up for about 15 minutes above town to see the mighty **fortress of Sacsayhuaman**, a spectacular Incan complex with commanding views of the Cusco valley. The rest of the afternoon is free to tie up any loose ends you may have in Cusco, a friendly city well-known for its great shopping and cultural opportunities. Dinner is on your own, and you'll turn in for another good night's sleep at [Libertador Palacio del Inka Hotel](#). (B,L)

DAY 08 (SAT): CUSCO / LIMA OR USA

We'll be picked up at the hotel early afternoon for the drive to the airport in **Cusco** to catch the flight back to **Lima**. Lunch is on your own. Upon arrival, we join our local guide for a special private tour of colonial Lima. In 1988, UNESCO declared the historic center of Lima a World Heritage Site for its originality and high concentration of Spanish colonial monuments. Named the "City of Kings" and founded by the Spanish conquistador Francisco Pizarro in 1535, downtown Lima charms with its main square, cathedral and the Archbishop's Palace, plazas, churches, mansions, and balconies.

Then, we'll head over to a favorite spot of local children in Lima, the *Circuito Magico del Agua* or "**magic circuit of water**". In this impressive park, kids can hop, skip, and jump through a display of colored lights, laser rays and fountains. What makes some of these fountains magical? They dance according to the rhythm of the music and actually interact and respond to movement! Afterwards, we'll reward ourselves with a brief visit to the Choco Museum, where we can **learn how chocolate is made** from bean to bar, and even try some of their treats! Get your fix with delicious hot chocolate and other edible surprises. For dinner on your own, try a typical seafood meal at one of the several gourmet restaurants in Larcomar, overlooking the Pacific Ocean in the trendy Miraflores district. Families leaving tonight have a transfer to the airport this evening. (B)

DAY 09 (SUN): USA

Arrive in the US this morning and make onward connections home.

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NOTES ON THE ITINERARY:

Although we do our best to adhere to the above schedule, this itinerary is subject to change for numerous reasons beyond our control, including group pace and acclimatization, weather, road and trail conditions, flight delays or cancellations, as well as changes in plane and train schedules. The Planetarium may not be open during the month of December; another activity in the Valley will be suggested instead, or a visit of the Planetarium near Cusco could be included. This trip is suitable for healthy participants accustomed to outdoor activities, age 5 and up.

Changing the dates of the week on this itinerary may affect the flow of activities as some of the visits may not be available every day. Depending on final flight schedules, some of the activities on Day 2 and 8 may follow a different sequence. The Choco Museum visit may take place in Cusco instead of Lima. Distances and altitudes are approximate and travel times indicated do not include lunch breaks, rest or photo stops, etc.

2015 LAND COST: \$4,465 p.p.d. (4-6 participants)
 \$4,135 p.p.d. (7-12 participants)
 \$1,135 Single Supplement

p.p.d.=per person based on double, triple or quadruple occupancy.

Children's Discount: Kids 5-11 years old at the time of travel are entitled to a discount of \$400 ppd. Kids 12-17 years old at the time of travel receive a discount of \$200 ppd on the *Family Andean Discovery* Land Cost. Discounts are not combinable nor can they be used in conjunction with other promotional offers unless specified.

Sign up 4-10 months in advance and SAVE with our Early Sign-up Discounts. See our [Discounts](#) page for details.

Note: End of the year or holiday departures could have a Land Cost surcharge of 10-15%. Please check with your personal Southwind Travel Consultant for more details.

OPTIONAL HOTEL UPGRADES:

All hotels in the Family Discovery has been selected based on their outstanding adherence to international standards, attention to quality an detail, and rich offering of amenities and comforts. However, upon request, we can upgrade your stay to the finest properties to be found in each location for 5-star luxury and VIP treatment.

We can reserve the luxurious Miraflores Park Hotel, or the elegant 5-star JW Marriott Hotel, both in Lima's Miraflores overlooking the Ocean; the Sacred Valley's Libertador Tambo del Inka or Belmond's Rio Sagrado (with the only heated pools in area) or the Aranwa Resort & Spa; the historical Monasterio or Palacio Nazarenas Hotel in Cusco; and the exclusive Sanctuary Lodge adjacent to Machu Picchu for an additional fee. Due to high demand these reservations are recommended at least 4-5 months in advance. Upgrades are subject to availability and cannot be guaranteed. See '[Accommodations](#)' for a detailed list of upgrade options.

CUSTOM TRIPS AND ADDITIONAL ACTIVITIES:

Private Family departures are also available and designed on request for a minimum of 3 participants. We can also provide options for shorter itineraries with a minimum recommended of 6 days US to US. Below follows a list of additional family friendly activities for those travelers with extra time or to serve as ideas for a custom trip.

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- **Lunch with a local family in Chinchero:** Kids 5 and up. 2-3 hour activity. Morning scenic drive to Chinchero town (12,335') for a brief guided tour of this charming community characteristic of Andean towns in that it combines both Incan and colonial architecture. Then, we meet our host local family and enjoy a typical lunch inside their home.
- **Weaving demonstration and workshop in Chinchero:** Kids 5 and up. Half day from Cusco or the Sacred Valley. Join for an overview of the Andean weaving process and participate while wool is carded, spun, and dyed, learn about the different techniques used to create textiles such as wrist bands, belts (*fajas*) and shawls (*mantas*). Can be combined with lunch in a local family house.
- **Rafting in the Urubamba river:** Kids 12 and up. For a day of fun and adventure, we'll head to the village of Cusipata (11,200') about 1.5 hours' drive southeast of Cusco. We'll ride the Cusipata to Quiquijana section of the Urubamba River for about 2.5 hours, featuring class II and III rapids. Picnic lunch included. After this activity families explore the region with visits to the Pikillacta ruins and local villages. We'll end the day heading to our lodging in the Sacred Valley.
- **Additional short hikes near the Sacred Valley:**
 - Pumamarca hike: Kids 7 and up. After a 45-minute drive from Ollantaytambo up along the Patacancha river valley to the trailhead, we'll take a 1-hour hike uphill to the Pumamarca ruins (11,140'). Explore this former Inca religious and agricultural center that features terraces and water channels. The ancient water system is still in use today to irrigate potatoes and wheat fields. We'll then descend to a nearby village where our vehicle awaits.
 - Chinchero to Urquillos hike: Kids 7 and up. From the Chinchero ruins (12,335'), we can observe a massive Inca wall with ten trapezoidal niches. After exploring the ruins of Inca Yupanqui's palace, we begin a 5.5 mile hike (approximately 3.5 hours) downhill to the village of Urquillos (9,595') in the Sacred Valley. We follow a trail on a narrow gorge with great views of the Urubamba range and Chicon peak.
- **Kayaking at Piuray or Huaypo Lagoons:** Kids 7 and up. The tranquil and scenic Piuray or Huaypo Lagoons (12,000') are set in the Chinchero highlands, just a 45' drive from Cusco. For this half-day excursion, we'll spend the morning learning the basics of sea kayaking and then paddling out for 2-3 hours around the lagoon. Afterward, a delicious picnic lunch will be waiting on the shore. Kayaking equipment and experienced kayak guide included.
- **Horseback ride in the Sacred Valley:** Kids 12 and up. After a short orientation at Sol y Luna Lodge, we'll mount Peruvian Paso Fino horses and set off on rural paths, reaching small villages and communities neighboring the hotel such as Palcaraqui, Rumichaca, San Jose de Media Luna, Pumahanca and Chichubamba. As we trot along, we are transported into a rural lifestyle, meeting and greeting villagers in their typical dress. Approximately 3 hours.
- **Biking in the Chinchero highlands:** Kids 12 and up. Explore the highlands to the Moray concentric terraces atop two wheels, following dirt roads and non-technical double-track routes. Approximately 3 hours riding. Elevations 11,000' to 12,500'. An alternate softer option at lower elevation is biking the dirt roads from the town of Taray to Calca in the Sacred Valley. Approximately 3 hours.
- **A day with an Andean community:** Kids 7 and up. Find out about Peru's most prized crop at the Potato Park! This fascinating ecotourism project takes visitors to six different indigenous communities. Here, not all potatoes are created equal – you'll see over 200 different varieties! Meet farmers, weavers, shepherds and cooks throughout the day, go for an optional 2-hour hike, and complete the trip with a feast of traditional dishes for lunch at the all-organic community restaurant Papamanka. Elevations between 10,500' and 12,500'.
- **Km 104 Inca Trail dayhike:** Recommended for kids 12 and up. A private trekking guide will accompany those group members who choose to disembark the Vistadome train at Km 104 on Day 04 of the itinerary and trek the classic stone-paved Inca Trail through the Gateway of the Sun to approach Machu Picchu as the Incas did centuries ago. The 7-mile hike is moderate/difficult but highly rewarding and takes approximately 6.5 hours. Extra costs apply for the required permit and logistics, advance planning is recommended (at least 4-5 months in advance). Please contact our office for details.

OPTIONAL TRIP EXTENSIONS:

Families with extra days may wish to extend their trip to the Amazon rainforest, Lake Titicaca, Northern Peru or

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Paracas and the Nazca Lines on the Southern coast. Galápagos Islands is also another excellent choice. All extensions require a minimum of 2 participants. To view the extensions on our website, see ['Extend Your Trip'](#).

SERVICES INCLUDED:

- Comprehensive **pre-departure planning packet** and expert travel advice.
- All **in-country transfers** as scheduled (transfers on different days are additional). Ground transportation in comfortable private vehicles with professional drivers.
- **First-class round trip Vistadome or similar train** from Ollantaytambo to Machu Picchu town. Machu Picchu bus shuttle service to/from town and the archaeological sanctuary.
- Local and return flight reconfirmation, **in-country airport check-in and luggage assistance**.
- All **accommodations in first-class (4-5 star) hotels** as listed (or at similar hotels) on a shared basis with private bath. Advanced bookings are recommended if you plan to customized the itinerary and arrive early or extend your stay Double rooms (with king/queen bed) for parents and/or Triple/Quadruple rooms for families can be requested in advance, but cannot be guaranteed, as most hotels offer very few rooms with Triple/Quadruple beds. Also very few connecting or adjacent rooms are available at certain hotels.
- All **meals** indicated on the itinerary (B=breakfast; L=lunch; D=dinner). **Vegetarian diets accommodated** on request (advance notification required). For other diets, consult your Southwind travel specialist before making a reservation.
- All **guided tours** (as listed) conducted on a private basis (except the Planetarium and Spectacle bear conservation project visits, when other hotel guests may join) by knowledgeable, English-speaking native guides experienced with family travel (includes applicable entrance fees).
- An **English-speaking guide/escort** will lead the Sacred Valley/Machu Picchu segment of the trip (Day 02-07). An assistant guide is provided for groups with 9 or more participants. A separate English-speaking guide will lead the activities in Lima.
- Single Supplement provides single room accommodations in all hotels. Due to the limited number of rooms at the small hotels, there is a maximum of 2 singles allowed per group. If you require single accommodations, making reservations well in advance is recommended.

NOT INCLUDED:

- US domestic, International flights, nor local flights within Peru.
- Local Peruvian airport departure taxes (currently included in airfare for USA & Canadian bound flights).
- Six (6) meals at about \$20-30 each.
- Tours or other services not listed on the itinerary.
- Early check-in or late check-out at hotels.
- Alcoholic beverages nor items of a personal nature; such as clothing, equipment, laundry & phone calls.
- Tips to the local staff.
- Expenses incurred in trip preparation such as, but not limited to, non-refundable airline tickets, travel insurance, and additional expenses resulting from flight delays, schedule changes, cancellations, or missed connections.

TRAVEL INSURANCE: We strongly recommend purchasing coverage to protect your trip investment. Travel insurance is important in case of unexpected events prior to departure causing the need to cancel or change your dates. Weather, geologic events, local strikes, personal injury/illness for you, your traveling companion or family members, could require itinerary interruption or changes. Missed connections, delayed arrival, lost/delayed baggage or the need for medical attention or evacuation are also reasons why coverage is important. Southwind offers several plans through Travel Insured International (TII) to fit your budget and coverage amount. We recommend TII's *Worldwide Trip Protector* which offers a good value and **free coverage for kids 17/under traveling with a related adult**. If you, your traveling companion or a family member has a pre-existing medical condition, you can still receive coverage if a recurrence of the condition forces you to cancel your trip (some restrictions apply and plan purchase needs to be done **within 21 days of your deposit date**). **Please call our office for a quote** or to discuss your insurance options. See our [Travel Insurance](#) page to learn more and purchase a plan.

ANDEAN GUIDES:

Romulo Lizarraga - Romulo is one of the most knowledgeable, experienced and professional guides in the Andes. This University of Cusco graduate was born in Intihuatana, at the foot of Machu Picchu Mountain where his grandfather grew up

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exploring the region, making Romulo a descendent of the local discoverers of Machu Picchu! Romulo has over 25 years of experience and has co-authored two books. He's an avid walker having led hiking groups throughout the mountain ranges in the Cusco region. He is married with two grown daughters (Indira and Shakti) and is fluent in Spanish, English and Quechua (the native language of the Incas).

Rosa Garcia - One of Cusco's finest guides, Rosa is a delightful and compassionate trip leader. She has been guiding trips professionally since 1992. She is exceptionally versed in Inca culture and history and enthusiastically shares her knowledge of local lifestyles with guest families. Rosa holds a degree in tourism and has two children in their late teens, Paul and Magerid. She speaks fluent English and always receives glowing comments from Southwind travelers.

Francis Casapino - A native of the Andes, Francis graduated with a degree in Tourism from the San Antonio Abad University in Cusco. He has a variety of experiences in the travel industry, having worked as a guide, receptionist in hotels, at the regional tourism office and as a guard in Manu National Park. He speaks English fluently and has quickly become a favorite of Southwind clients receiving outstanding comments regarding his knowledge, charm and caring attitude. He's the father of an active family that loves wildlife and the outdoors. His wife Adriana is also a licensed tour guide in Cusco. They have two kids, Diego & Fabio, who are learning to play piano and violin.

Adriana Cucho, Jorge Olivera, Ronny Peña & Aly Amaut - each are native bilingual guides with a minimum of 5 years of extensive experience leading tours in the southern Andes of Peru. Their knowledge and caring personalities have earned them exceptional reviews. Each with children of their own, they are among the finest professionals sharing the beauty of Peru with Southwind travelers.

WEATHER: Much of the *Family Andean Discovery* trip takes place where atmospheric conditions can change suddenly. Guests must be prepared for all possibilities ranging from intense sunshine to rain, cold, and/or wind. April-May or September-October are ideal months in the Andes of Peru. January-March is the rainy (but less crowded) season in the highlands. Time is included in the cloud forests on the eastern slopes of the Andes, so **rain should be expected any month**. Brief hail, sleet or snow storms might also occur at the highest elevations mostly during the rainy season, January through March. Andean nights are cold while the days are pleasant and springlike. **Cusco** has daytime highs in the mid 70's and nighttime lows in the upper 30's. The **Sacred Valley** is about 10-15° warmer. The daytime temperatures at **Machu Picchu** are hot (80-85°F) with mild nights (lows around 45-50°F) and the likelihood of rain is high. Expect showers or mist on most departures. The sun is quite intense at these elevations.

ESTIMATED AIRFARE: The Land Cost DOES NOT INCLUDE ANY FLIGHTS. Round-trip international air from US gateways (New York, Los Angeles, San Francisco, Miami, Houston, Dallas, Atlanta) is approximately \$900-\$1,100 per person. Airlines offering service to Lima include American, United, Delta and LAN. In-country flights on LAN are estimated at \$375 per person for Lima-Cusco-Lima. The best way to save on airfare is to have Southwind quote all your air using LAN for your international & in-country flights. Upon receipt of your deposit, we will send you more information about booking flights to match your land itinerary.

HOW TO SIGN UP: Submit Southwind's [Trip Reservation Form](#) along with a \$1,000 per person per trip deposit by credit card via our secure [Online Payment Form](#). If you prefer, you can also call us at 1-800-377-9463 to make payment arrangements or send a check. **Your deposit will be charged and your reservation confirmed once we receive your Trip Reservation Form.** Due to the popularity of Cusco & Machu Picchu, we recommend making reservations at least 4 months in advance. Once your trip is guaranteed to operate, you will receive comprehensive pre-departure planning documents by email.

Land Balance: Final payment is due at 90 days by Visa, Mastercard, Discover, American Express or check. You will receive a trip invoice indicating your balance due. Provided services and space are available, reservations can be accepted up to 30 days before departure.

Cancellation Fees and other policies are outlined under the [2014/2015 Terms & Conditions](#) on Southwind's website.

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PO Box 621057 Littleton, CO 80162 • Tel: (303) 972-0701 or (800) 377-9463 • Fax: (303) 972-0708
info@southwindadventures.com • www.southwindadventures.com