

New Luxury Foodie Tour in Peru Featuring Culinary Traditions

Southwind Adventures Launches Gastronomic Tour Featuring Lima, Cusco & Machu Picchu

Denver, CO – Due to New World history, Peru is rich in cultural diversity. Combining this with being one of the 10 most biologically diverse destinations in the world, you get a perfect blend for creating a delicious food culture. This year the country was awarded South America’s Leading Culinary Destination by the



World Travel Awards. In response to the long-standing tradition of superb food, Southwind Adventures has designed an original, first-class tour featuring the gastronomic traditions of this historic nation.



According to the World Food Travel Association, the world’s leading authority on food and drink tourism, culinary travelers are looking for authentic experiences with underlying sustainability. Southwind

Adventures, a luxury boutique tour operator, specializing in Latin America’s top destinations, has been operating trips to Peru for over 26 years. The country has always been a best-seller for the company, given its position as home to Machu Picchu, one of CNN’s top 20 most beautiful UNESCO World Heritage sites on the planet. Now, reports the operator’s President Tom Damon, “Peru’s in the top 10 gourmet destinations worldwide and also offers a unique opportunity to combine culture, history, food and activity into one bucket-list superb itinerary.”



The 9-day tour “[Flavors & Culinary Traditions](#)” hosts a variety of experiences, including delightful lunches and dinners at top and historic restaurants, Andean crops and interaction with local farmers, tastings and cooking demonstrations and classes hosted by leading chefs in the region. A perfect trip for couples, families and other small groups, these activities are hands-on and begin in the

traditional street markets and end at the table with a shared meal and famous Pisco Sours. Learning about unique agricultural techniques for native varieties such as giant corn and some of the 3800 species of potatoes growing in the country is included in this richly developed itinerary with visits to the terraced croplands of the Sacred Valley and Machu Picchu.



The new tour can be customized according to travelers interests and includes first-class, hand selected hotels with options to upgrade to Luxury accommodations, private native culinary guides, comfortable vehicles with professional drivers and important attention to detail making it sure to delight foodies worldwide.

About the company: [Southwind Adventures](#) provides guests with the highest levels of personal service, quality and value in their travels. The company operates trips in a responsible and professional manner, respecting nature and local cultures while sharing the benefits of ecotourism with their host countries. They offer safe, customized, congenial and

educational small-group programs, rewarding their guests with authentic experiences opening hearts, minds and spirits to the wonders of Latin America.

